

SPECIALTY aquatics

Please note that Specialty Aquatics classes do not coincide with Summer 2012 Aquatics dates or prices.

JR. LIFEGUARDING

Junior Lifeguard classes are perfect for those age 10 - 15 who are interested in learning the ins and outs of what it takes to be a Lifeguard including: water safety, hazards in aquatic environments, basic water rescue, & first aid skills. Participants will work alongside the WARF Lifeguard Staff, gain valuable future job skills, and have lots of fun.

JULJRL

July 9 - 13

9:00 am - 4:00 pm

\$180.00

Register by July 2

LIFEGUARD CERTIFICATION COURSE

Become an American Red Cross certified lifeguard. Must be 15 by last day of class. Participants sign up for the prerequisite swim. If participant passes the prerequisite swim, can then enroll & pay for Lifeguard class. \$35.00 traditional textbook, not included in class cost, can be purchased at front desk. Digital copies of book will be made available when participant enrolls in class. Be sure to include an active email address that digital copy can be sent to. Prerequisite Swim: 300 yard continuous swim demonstrating breath control and rhythmic breathing (any combination of front crawl and breaststroke). Tread water for 2 minutes using only the legs. Timed event, swim w/brick (1 min 40 sec): starting in water, swim 20 yds, retrieve 10 lb brick from depth of 7-11 ft and swim 20 yds back to side of pool and exit water.

Register for class by July 18

JULPR	23-Jul	9:00a - 10:00a	\$50
JULLG	23-Jul	10:00a - 4:00p	\$150
	24-Jul	9:00a - 4:00p	
	25-Jul	9:00a - 4:00p	
	26-Jul	9:00a - 4:00p	
	27-Jul	9:00a - 4:00p	

CPR/AED RECERTIFICATION

American Red Cross (ARC) course designed to recertify current ARC CPR/AED card holders. Once completed, course will be valid for 2 years. Prerequisite: Must hold a current, valid ARC CPR/AED certification. Participants must bring their breathing barrier to class with them.

Register for class by June 21

JUNCPR 27-Jun 10:00a - 4:00p \$75.00

Register for class by July 26

JULCPR 31-Jul 10:00a - 4:00p \$75.00

Register for class by August 9

AUGCPR 15-Aug 10:00a - 4:00p \$75.00