

Aquatics

SUMMER 2018



WE OFFER
ONLINE
REGISTRATION!
SEE PG. 2 FOR DETAILS

WARF
Warrenton Aquatic & Recreation Facility


TOWN OF WARRENTON
Parks & Recreation

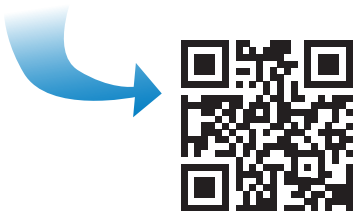
Town of Warrenton Parks & Recreation Department
800 Waterloo Road, Warrenton, VA
540.349.2520 • www.warrentonva.gov

REGISTRATION

Registering for swim lessons is as easy as 1 - 2 - 3!

1. Choose your Block - see page 3.
2. Choose your class based on age and ability level. See class descriptions on page 4.
3. Choose day(s) of the week and time slot based on the class and block of your choice, pages 5-8.

Scan with your smart phone to access all of the information from this booklet on the web or go to www.swimwarf.com!



Now Offering Online Registration!

To access Online Registration, go to www.warfonline.com or scan code below



If you've taken swim lessons at the WARF before, you already have an account. Click the "Forgot Password/ Create Logins?" link and enter your email address. Your temporary password will be emailed to you with instructions on logging into your account.

If it's your first time enrolling in swim lessons, become a Guest and fill out the requested information. After you've created/accessed your account, you will be able to register for classes. Please note that the account should be created for the person taking the class.

If you have problems or questions, please call 540-349-2520.

IMPORTANT INFORMATION:

STUDENT PLACEMENT & ADVANCEMENT

Please read the descriptions of each class to register for the appropriate skill level. Each level is based on a progression of swimming skills and **may need to be repeated until the student is comfortable enough with the skills to progress to the next level.**

PARENTS, GUARDIANS & GUESTS

During swim lessons, guardians may watch their children from the chairs on deck or the bleacher area. Patrons accompanying students in aquatics programs who would like to use the facility must pay general admission fees.

GOGGLES

It is recommended that students not wear goggles while in lower level classes. Goggles can be worn in Levels 3, 4, & 5, once students are working on developing and improving their strokes.

WAIT LISTS

If a class reaches the maximum number of participants, you have the option of going on a wait list or selecting a different class. Individuals on wait lists will be contacted if and when spots become available.

CLASS MAKE-UPS

You may only attend classes for which you are registered. No make-ups are allowed in other classes. If the WARF cancels a class, every effort will be made to provide a make-up class.

RETURNED CHECK FEE

Returned checks will result in a \$25 service fee. This fee will be payable by cash only. The WARF cannot re-deposit returned checks.

WHAT IS A BLOCK?

A block is a period of time when lessons are offered.

CANCELLATION AND REFUND POLICY

If you cancel your class prior to the close of registration, you will receive a credit for another class in another session. If the WARF cancels a class due to low enrollment and we cannot place you in another suitable class, you will receive a credit to another class in another session. If you are not able to participate in another session, please fill out a refund request form to be reviewed by management staff. Please allow 1-2 weeks for a check refund. If you cancel your class prior to the close of registration you will receive a refund minus a \$10.00 cancellation fee. No refunds are available once classes have begun.

CLASS MINIMUM REQUIREMENTS

All classes must meet the minimum number of participants requirement. If your class selection does not meet that requirement, you will be notified by phone or email prior to the scheduled start date. All classes that do not have the minimum number of participants will a) be combined with another similar class to meet the minimum requirements or b) be cancelled. If you have indicated on your registration form a second choice of class, we will move your child to that class and notify you of the change.

DIAPERS

Non-potty trained participants must wear snug fitting plastic pants and/or swim diapers under swim suit - no disposable or cloth diapers, please.

RED CROSS SWIM MOBILE APPLICATION

The Red Cross Swim Mobile App supports and promotes the American Red Cross Swimming and Water Safety program. The app can be found at www.redcross.org/prepare/mobile-apps and downloaded.

Summer 2018

BLOCKS & DATES

Block	Days	Number of Classes	First Class	Last Class	Registration Opens/Closes		Holiday (no class)
Block 1	M, Tu, W, Th	8	4-Jun	14-Jun	10-Apr	28-May	
Block 2	Mon & Wed	8	4-Jun	27-Jun	10-Apr	28-May	
Block 3	Tues & Thurs	8	5-Jun	28-Jun	10-Apr	29-May	
Block 4	Fridays or Saturdays	8	8-Jun 9-Jun	3-Aug 4-Aug	10-Apr	1-Jun 1-Jun	29-Jun 30-Jun
Block 5	M, Tu, W, Th	8	18-Jun	28-Jun	10-Apr	11-Jun	
Block 6	M, Tu, W, Th	8	9-Jul	19-Jul	10-Apr	2-Jul	
Block 7	Mon & Wed	8	9-Jul	1-Aug	10-Apr	2-Jul	
Block 8	Tues & Thurs	8	10-Jul	2-Aug	10-Apr	3-Jul	
Block 9	M, Tu, W, Th	8	23-Jul	2-Aug	10-Apr	16-Jul	

FEES

	Fee
Parent & Child Classes	\$69.00
Preschool & Youth Classes	\$89.00
Late Registration Fee	\$10.00



Class Descriptions

Please note that swim lesson participants may need to repeat lessons until the student is comfortable enough with the skills to progress to the next level.

parent & child (6 months - 3 years)

Water Firsts! Explore the wonders of the water through songs, toys and games. Adults learn proper holding techniques to provide a safe, secure and fun environment for their little ones.

preschool 1 (ages 3-5 years)

Preschooler new to swim lessons? While enjoying the water and gaining confidence, preschoolers learn basic skills including getting their faces wet, blowing bubbles and floating.

preschool 2 (ages 3-5 years)

Do you have a preschooler who doesn't mind getting their face wet? This class works on transitioning the preschooler into independent performance of skills. Skills include gliding, floating and using combined arm and leg actions. Skills can be performed with assistance from instructor.

preschool 3 (ages 3-5 years)

Is your preschooler water savvy and ready to swim unassisted? This class is for the independent preschooler. Preschoolers work on swimming 3-5 body lengths and floating on their backs for 15 seconds unassisted.

youth 1 (ages 6 - 14 years)

Is your child new to swim lessons and in need of a gentle introduction? Swimmers learn water safety skills, breathing, buoyancy, basic locomotion and gliding 2 body lengths.

youth 2 (ages 6 - 14 years)

Does your swimmer love to jump into the water? Swimmers continue water safety skills, breathing, buoyancy, locomotion and increase gliding skills to 5 body lengths and floating on their backs for 15 seconds. Rotary breathing, front, tuck and jelly fish floats are introduced.

youth 3 (ages 6 - 14 years)

Ready to develop your inner swimmer? Does your swimmer swim front crawl 15 yards? Your swimmer will expand their stroke development with addition of elementary backstroke, scissor and breaststroke kick. Swimmers strive to improve their endurance, buoyancy, rotary breathing and front crawl. Progression of diving is introduced.

youth 4 (ages 6 - 14 years)

Ready to fly? Emphasis is on maintaining a strong front crawl and elementary backstroke, with the addition of breaststroke, sidestroke and butterfly!! Open turns and dives are practiced.

youth 5 (ages 6 - 14 years)

Ready to go the distance? Swimmers will work on previous level skills while adding more distance to established strokes, along with the addition of flip turns.

CLASS OFFERINGS

BY BLOCK

BLOCK 1 June 4 - June 14 M, Tu, W, Th Register by May 28

Class	Class Code	Days	Time
Preschool 1	MP11	M, Tu, W, Th	11:00a-11:30a
Preschool 1	MP12	M, Tu, W, Th	12:20p-12:50p
Preschool 2	MP21	M, Tu, W, Th	11:00a-11:30a
Preschool 2	MP22	M, Tu, W, Th	11:40a-12:10p
Preschool 3	MP31	M, Tu, W, Th	11:40a-12:10p
Preschool 3	MP32	M, Tu, W, Th	12:20p-12:50p
Youth 1	MY11	M, Tu, W, Th	1:50p-2:30p
Youth 2	MY21	M, Tu, W, Th	1:00p-1:40p
Youth 3	MY31	M, Tu, W, Th	1:00p-1:40p
Youth 4-5	MY4-51	M, Tu, W, Th	1:50p-2:30p

BLOCK 2 June 4 - June 27 Mon & Wed Register by May 28

Class	Class Code	Days	Time
Parent & Child	MWPC1	Mon & Wed	7:10p-7:40p
Preschool 2	MWP21	Mon & Wed	6:30p-7:00p
Preschool 3	MWP31	Mon & Wed	5:50p-6:20p
Youth 3	MWY31	Mon & Wed	5:00p-5:40p

BLOCK 3 June 5 - June 28 Tues & Thurs Register by May 29

Class	Class Code	Days	Time
Parent & Child	TRPC1	Tues & Thurs	6:30p-7:00p
Preschool 1	TRP11	Tues & Thurs	5:50p-6:20p
Preschool 2	TRP21	Tues & Thurs	5:50p-6:20p
Preschool 3	TRP31	Tues & Thurs	7:10p-7:40p
Youth 1	TRY11	Tues & Thurs	5:00p-5:40p
Youth 2	TRY21	Tues & Thurs	5:00p-5:40p
Youth 3	TRY31	Tues & Thurs	6:30p-7:10p
Youth 4-5	TRY4-51	Tues & Thurs	7:20p-8:00p

BLOCK 4

June 8 - Aug 3**

Fridays

Register by June 1

Class	Class Code	Days	Time
Parent & Child	FPC1	Friday	9:25a-9:55a
Preschool 1	FP11	Friday	10:05a-10:35a
Preschool 2	FP21	Friday	10:45a-11:15a
Preschool 3	FP31	Friday	11:25a-11:55a
Youth 1	FY11	Friday	12:05p-12:45p

BLOCK 4

June 9 - Aug 4**

Saturdays

Register by June 1

Class	Class Code	Days	Time
Parent & Child	SPC1	Saturday	8:30a-9:00a
Parent & Child	SPC2	Saturday	9:10a-9:40a
Preschool 1	SP11	Saturday	9:50a-10:20a
Preschool 2	SP21	Saturday	10:30a-11:00a
Preschool 3	SP31	Saturday	11:10a-11:40a
Youth 1	SY11	Saturday	10:00a-10:40a
Youth 2	SY21	Saturday	9:10a-9:50a
Youth 3	SY31	Saturday	8:20a-9:00a
Youth 4-5	SY4-51	Saturday	10:50a-11:30a

** Please note that there will be no classes held on Friday, June 29th and Saturday, June 30th.

BLOCK 5

June 18 - June 28

M, Tu, W, Th

Register by June 11

Class	Class Code	Days	Time
Preschool 1	MP11	M, Tu, W, Th	11:00a-11:30a
Preschool 1	MP12	M, Tu, W, Th	12:20p-12:50p
Preschool 2	MP21	M, Tu, W, Th	11:00a-11:30a
Preschool 2	MP22	M, Tu, W, Th	11:40a-12:10p
Preschool 3	MP31	M, Tu, W, Th	11:40a-12:10p
Preschool 3	MP32	M, Tu, W, Th	12:20p-12:50p
Youth 1	MY11	M, Tu, W, Th	1:50p-2:30p
Youth 2	MY21	M, Tu, W, Th	1:00p-1:40p
Youth 3	MY31	M, Tu, W, Th	1:00p-1:40p
Youth 4-5	MY4-51	M, Tu, W, Th	1:50p-2:30p

BLOCK 6

July 9 - July 19

M, Tu, W, Th

Register by July 2

Class	Class Code	Days	Time
Preschool 1	MP11	M, Tu, W, Th	11:00a-11:30a
Preschool 1	MP12	M, Tu, W, Th	12:20p-12:50p
Preschool 2	MP21	M, Tu, W, Th	11:00a-11:30a
Preschool 2	MP22	M, Tu, W, Th	11:40a-12:10p
Preschool 3	MP31	M, Tu, W, Th	11:40a-12:10p
Preschool 3	MP32	M, Tu, W, Th	12:20p-12:50p
Youth 1	MY11	M, Tu, W, Th	1:50p-2:30p
Youth 2	MY21	M, Tu, W, Th	1:00p-1:40p
Youth 3	MY31	M, Tu, W, Th	1:00p-1:40p
Youth 4-5	MY4-51	M, Tu, W, Th	1:50p-2:30p

BLOCK 7

July 9 - Aug 1

Mon & Wed

Register by July 2

Class	Class Code	Days	Time
Parent & Child	MWPC1	Mon & Wed	7:10p-7:40p
Preschool 2	MWP21	Mon & Wed	6:30p-7:00p
Preschool 3	MWP31	Mon & Wed	5:50p-6:20p
Youth 3	MWY31	Mon & Wed	5:00p-5:40p

BLOCK 8

July 10 - Aug 2

Tues & Thurs

Register by July 3

Class	Class Code	Days	Time
Parent & Child	TRPC1	Tues & Thurs	6:30p-7:00p
Preschool 1	TRP11	Tues & Thurs	5:50p-6:20p
Preschool 2	TRP21	Tues & Thurs	5:50p-6:20p
Preschool 3	TRP31	Tues & Thurs	7:10p-7:40p
Youth 1	TRY11	Tues & Thurs	5:00p-5:40p
Youth 2	TRY21	Tues & Thurs	5:00p-5:40p
Youth 3	TRY31	Tues & Thurs	6:30p-7:10p
Youth 4-5	TRY4-51	Tues & Thurs	7:20p-8:00p

BLOCK 9

July 23 - Aug 2

M, Tu, W, Th

Register by July 16

Class	Class Code	Days	Time
Preschool 1	MP11	M, Tu, W, Th	11:00a-11:30a
Preschool 1	MP12	M, Tu, W, Th	12:20p-12:50p
Preschool 2	MP21	M, Tu, W, Th	11:00a-11:30a
Preschool 2	MP22	M, Tu, W, Th	11:40a-12:10p
Preschool 3	MP31	M, Tu, W, Th	11:40a-12:10p
Preschool 3	MP32	M, Tu, W, Th	12:20p-12:50p
Youth 1	MY11	M, Tu, W, Th	1:50p-2:30p
Youth 2	MY21	M, Tu, W, Th	1:00p-1:40p
Youth 3	MY31	M, Tu, W, Th	1:00p-1:40p
Youth 4-5	MY4-51	M, Tu, W, Th	1:50p-2:30p

jr Lifeguard Camp

Junior Lifeguard camp is perfect for those age 10 - 14 who are interested in learning the ins and outs of what it takes to be a Lifeguard including: water safety, hazards in aquatic environments, basic water rescue, & first aid skills. Participants will work alongside the WARF Lifeguard Staff, gain valuable future job skills, and have lots of fun.



JUNE camp - Register by June 4

JUNJRLG
Monday - Friday
9:00 am - 2:00 pm
June 11 - June 15
\$175

JULY camp - Register by July 9

JULJRLG
Monday - Friday
9:00 am - 2:00 pm
July 16 - July 20
\$175

Lifeguard Instructor Course

The primary purpose the America Red Cross Basic Lifeguarding Instructor Course is to train instructors to teach the basic-level American Red Cross Lifeguarding courses including Lifeguarding, Shallow Water Lifeguarding, and Aquatic Attraction Lifeguarding. Candidates must be at least 17 years of age and possess a current American Red Cross certificate for Lifeguarding/First Aid/CPR/AED. Candidates will also be required to complete an Online Session (approximately 2 hours) prior to the precourse skills session.

Lifeguard Instructor Course

Register for class by June 8

Precourse skills session LGIpre

Friday	3:00p - 5:30p	6/15	\$50.00*
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Class JunLGI

Friday	6:30p - 9:00p	6/15	\$200.00
Saturday	9:00a - 4:00p	6/16	
Sunday	9:00a - 4:00p	6/17	

Instructor: Denise



Lifeguard Recertification Training Blended Learning

Participants must provide a current copy of American Red Cross Lifeguard certification and successfully pass the pre-requisite swim that will be administered at the start of the in-person skill session. This is a blended learning course. Participants will be sent a link and will be required to complete the classroom portion on-line. Please note: there will be an additional \$35 cost paid directly to American Red Cross upon on-line enrollment via instructor sent link. The one-day skills session will include First Aid/CPR/AED, & a Waterpark skills component. Participants should bring their own breathing barriers or may purchase one the day of class. Be sure to include an active email address at time of registration.

Prerequisite Swim: 300 yard continuous swim demonstrating breath control and rhythmic breathing (any combination of front crawl and breaststroke). Tread water for 2 minutes using only the legs. Timed event (1 min 40 sec): starting in water, swim 20 yds, retrieve 10 lb brick from depth of 7-11 ft and swim 20 yds back to side of pool and exit water.

Lifeguard Recertification Training

Register for class by May 20

Class MayLGBL

Sunday	7:00a - 6:00p	05/27	\$185.00
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Instructor: Denise

BECOME A RED CROSS CERTIFIED

Lifeguard!



Get American Red Cross Lifeguard certified at the WARF and have the opportunity to work in a variety of exciting aquatic settings!

This course covers the fundamental skills required to become a lifeguard. All students must be 15 years of age by the last day of class. Participants must register for the prerequisite swim. If participant passes the prerequisite swim, they can then enroll & pay for the Lifeguard class. Digital books and a loaner hard copy textbook will be made available to participants. Be sure to include an active email address at time of registration. This course includes: First Aid/CPR/AED, & a Waterpark skills component.

Prerequisite Swim: 300 yard continuous swim demonstrating breath control and rhythmic breathing (any combination of front crawl and breaststroke). Tread water for 2 minutes using only the legs. Timed event, no goggles permitted (1 min 40 sec): starting in water, swim 20 yds, retrieve 10 lb brick from depth of 7-11 ft and swim 20 yds back to side of pool and exit water. Those wishing to practice brick retrieval prior to prerequisite can go to the guard office and request brick.

*Prerequisite non-refundable

APRIL CLASS

Register for class by April 20

Prerequisite AprLG

Friday	7:00p - 8:30p	4/27	\$50.00*
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Class

Saturday	9:00a - 4:00p	4/28	\$200.00
Sunday	9:00a - 4:00p	4/29	
Saturday	9:00a - 4:00p	5/5	
Sunday	9:00a - 4:00p	5/6	

MAY CLASS

Register for class by May 4

Prerequisite MayLG

Friday	7:00p - 8:30p	5/11	\$50.00*
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Class

Saturday	9:00a - 4:00p	5/12	\$200.00
Sunday	9:00a - 4:00p	5/13	
Saturday	9:00a - 4:00p	5/19	
Sunday	9:00a - 4:00p	5/20	

JUNE CLASS

Register for class by May 25

Prerequisite JunLG

Friday	7:00p - 8:30p	6/1	\$50.00*
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Class

Saturday	9:00a - 4:00p	6/2	\$200.00
Sunday	9:00a - 4:00p	6/3	
Monday	9:00a - 4:00p	6/4	
Tuesday	9:00a - 4:00p	6/5	

AUGUST CLASS

Register for class by July 25

Prerequisite AugLG

Friday	7:00p - 8:30p	8/1	\$50.00*
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Class

Saturday	9:00a - 4:00p	8/4	\$200.00
Sunday	9:00a - 4:00p	8/5	
Monday	9:00a - 4:00p	8/6	
Tuesday	9:00a - 4:00p	8/7	

Water Safety Instructor (WSI)

Become an American Red Cross (ARC) Water Safety Instructor (WSI). This course will train you on how to be a swim lesson instructor to include the Water Safety courses and the many levels of the ARC Learn to Swim program. ARC instructors are in demand across the country and certification is recognized nationwide. Age requirement: must be 16 years of age by the last day of class. Must complete and pass the pretest swim before enrolling in the WSI class. (Participants must sign up for the pretest swim. If participant passes the pretest swim, they can then pay for the WSI class.)

Pretest Swim: Swim 20 yds each of front crawl, back crawl, breaststroke, elementary backstroke, sidestroke and 15 yds of butterfly. Maintain position on back for 1 minute in deep water (floating or sculling) and tread water for 1 minute.

Prerequisite AprWSIpre

Friday 7:00p - 8:30p 04/13 \$50.00* *Prerequisite non-refundable

Register for class by April 6

Dates	Class Code	Days	Time	Cost	Instructor
4/14	AprWSI	Saturday	9:00a - 4:00p	\$200.00	Denise
4/15		Sunday	9:00a - 4:00p		
4/21		Saturday	9:00a - 4:00p		
4/22		Sunday	9:00a - 4:00p		



TOWN OF WARRENTON
Parks & Recreation

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www.warrentonva.gov