

Water Safety Instructor Course

October WSI Class

Friday 10/7 5 PM - 9 PM

Saturday 10/8 9 AM - 6 PM

Sunday 10/9 9 AM - 6 PM

Email parksandrec@warrentonva.gov to schedule your prerequisite swim by Friday, September 30th

Become an American Red Cross (ARC) Water Safety Instructor (WSI). This course will train you to be a swim lesson instructor, including the Water Safety courses and the many levels of the RC Learn to Swim program. ARC instructors are in demand across the country, and certification is recognized nationwide. Age requirement: 16 years of age by the last day of class.

Interested? Participants must email us at parksandrec@warrentonva.gov to schedule their prerequisite swim. If the participant passes the pretest swim, they can enroll and pay for the WSI class (\$250.00). A loaner hard copy of the textbook will be made available to all participants. This course is a blended learning class requiring approximately 7 hours of online work to be completed before the first day of class.

Prerequisite Swim:

- Swim 20 yds each of the following strokes; front crawl, back crawl, breaststroke, elementary backstroke, sidestroke, and 15 yds of butterfly.
- Maintain position on back for 1 minute in deep water (floating or sculling) and tread water for 1 minute.



TOWN OF WARRENTON
Parks & Recreation

800 Waterloo Road, Warrenton, VA
(540) 349-2520

parksandrec@warrentonva.gov
www.warrentonva.gov