



# Shake Your Tail Feathers Workout!

**Thursday, November 24, 2022**

Sign up today by phone, online, or at the front desk. Bring your family and friends, free for everyone! When you arrive, choose a class from one, two, or all three-time slots.



**8 AM - Cycle, Strength, or Pound**



**8:40 AM - Cycle, Strength, or Zumba**



**9:15 AM - Cycle, Strength, or Yoga**



**TOWN OF WARRENTON**

Parks & Recreation

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