



TOWN OF WARRENTON
Parks & Recreation

Fitness Room Rules

1. Children age 12 and under are not permitted in the fitness room at any time.
2. Teens between the ages of 13-15 years of age may use the fitness room equipment after completing the Teen Certification class.
3. Proper workout attire is required, to include rubber soled shoes. Sandals, spiked shoes, work boots, flip flop shoes, sports bras, and bathing suits are not permitted.
4. No food in the fitness room. Plastic bottled drinks are permitted.
5. Wipe down equipment with disinfecting wipes after each use.
6. Return weight plates and dumbbells to the racks provided.
7. Cardiovascular equipment use is limited to 30 minutes when people are waiting.
8. Report any equipment problems to the Front Desk.

* Town of Warrenton is not responsible for personal belongings lost or stolen in the facility. *